

## Daily Duas

### Dua after waking

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

***Alhamdu lillaahil-lathee ahyanaa ba'da maa amaataana wa ilayhin-nushoor.***

All praise is for Allah who gave us life after having taken it from us, and unto Him is the resurrection. (a)

### Dua before sleeping

اللَّهُمَّ بِسْمِكَ أَمُوتُ وَأَحْيَا

In Your name O Allah, I live and die. (1)

***Bismika Allahumma amootu wa-ahyaa.***

### Dua before eating

بِسْمِ اللَّهِ

In the name of Allah. (2)

***Bismillaah.***

### Dua on forgetting the Dua before eating

بِسْمِ اللَّهِ فِي أَوَّلِهِ وَآخِرِهِ

In the name of Allah, in its beginning and end. (3)

***Bismillaahi fee aw-walihi wa aakhirih.***

## Dua on finishing eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةَ

All praise is for Allah, who fed me this, and provided it for me without any might or power from myself. (4)

***Alhamdu lillaahil-lathee at'amanee hathaa wa razaqa-neehee min ghayri hawlin minnee wa laa quwwatin.***

## Before entering the bathroom

[بِسْمِ اللَّهِ] اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

(In the name of Allah).O Allah, I seek refuge in You from all evil, and evil doers. (5)

***Bismillaahi. Allahumma innee a'uuthubika minal khubthi wal khabaa'ith.***

## After leaving the bathroom

غُفْرَانَكَ

I ask You (Allah) for forgiveness. (6)

***Ghufraanaka.***

## Entering the home

بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى رَبِّنَا تَوَكَّلْنَا

In the name of Allah we enter, and in the name of Allah we leave, and upon our Lord we place our trust. (7)

***Bismillaahi walajnaa, wa bismillaahi kharajnaa, wa a'laa rab-binaa tawak-kalnaa.***

## Leaving the home

بِسْمِ اللَّهِ ، تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

In the name of Allah, I place my trust in Allah, and there is no might nor power except with Allah. (8)

***Bismillaahi tawakkaltu 'a-lal-laahi walaa hawla walaa quwwata illaa billaah.***

## Before performing wudhu

بِسْمِ اللَّهِ

In the name of Allah. (9)

***Bismillah***

## Upon completion of wudhu

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا  
عَبْدُهُ وَرَسُولُهُ

I bear witness that none has the right to be worshipped except Allah, alone, without partner, and I bear witness that Muhammad is His slave and Messenger. (10)

***Ash-hadu an laa ilaaha il-lal-laahu wahdahu laa shareekalahu wa ash-hadu anna Muhammadan 'abduhu wa rasooluhu.***

## Visiting the sick

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

Never mind, may it (the sickness) be a purification, if Allah wills. (11)

***Laa ba'sa tahaorun inshaa'Allah.***

## Upon breaking fast

ذَهَبَ الظَّمَأُ ، وَابْتَلَّتِ العُرُوقُ ، وَثَبَّتَ الأَجْرُ إِنْ شَاءَ اللهُ

The thirst has gone, the veins are moistened, and the reward is confirmed, if Allah wills. (12)

***Thaha badh-dhama'u wabtallatil-'urooqu, wa thabatal-ajru inshaa-Allaahu.***

## Sneezing

When one of you sneezes he should say :

الْحَمْدُ لِلَّهِ

All praise is for Allah. (13)

***Alhamdu lillaahi.***

..and his brother or companion answers with...

يَرْحَمُكَ اللهُ

May Allah have mercy upon you. (13)

***Yar hamu kal-laahu.***

## Morning Dua

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا ، وَبِكَ نَحْيَا وَبِكَ نَمُوتُ ،  
وَإِلَيْكَ النُّشُورُ

O Allah, by Your leave we have reached the morning and by Your leave we have reached the evening, by Your leave we live and die and unto You is our resurrection. (14)

***Allaahum-ma bika asbahnaa wa bika amsaynaa, wa bika nahyaa wa bika namootu, wa ilaykan-nushoor.***

## Evening Dua

اللَّهُمَّ بِكَ أَمْسَيْنَا ، وَبِكَ أَصْبَحْنَا ، وَبِكَ نَحْيَا وَبِكَ نَمُوتُ ،  
وَإِلَيْكَ الْمَصِيرُ

O Allah, by Your leave we have reached the evening and by Your leave we have reached the morning, by Your leave we live and die and unto You is our return. (15)

**Allaahum-ma bika amsaynaa, wa bika asbahnaa, wa bika nahyaa wa bika namootu, wa ilaykal maser.**

## Dua after prayer

أَسْتَغْفِرُ اللَّهَ

I ask Allah for forgiveness (three times). (16)

Astaghfirullah.

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ  
وَإِلَاحِرَامِ

O Allah, You are As-Salaam (The One free from all defects and deficiencies) and from You is all peace, blessed are You, O Possessor of majesty and honour. (16)

**Allaahum-ma anta as-salaamu wa minka as-salaamu tabaarakta yaa thal jalaali wal-ikraam.**

## **Ahaadeeth Sources**

- (a) Al-Bukhari with Al-Fath 11/113 and Muslim 4/2083.
- (1) Al-Bukhari with Al-Fath 11/113 and Muslim 4/2083.
- (2) Abu Dawud 3/347 and At-Tirmidhi 4/288 and see: Sahih At-Tirmidhi 2/167.
- (3) Abu Dawud 3/347 and At-Tirmidhi 4/288 and see: Sahih At-Tirmidhi 2/167.
- (4) Abu Dawud, At Tirmidhi and Ibn Maajah, see `Irwaa Al-Ghaleel 7/47.
- (5) Al-Bukhari 1/45 and Muslim 1/283. The wording in brackets is related by Sa'eed Ibn Mansur, see: Al-Fath 1/244.
- (6) Abu Dawud, At-Tirmidhi and Ibn Maajah.
- (7) Abu Dawud with a Sahih isnaad 4/325.
- (8) Abu Dawud 4/325 and At-Tirmidhi 5/490, see: Sahih At-Tirmidhi 3/151.
- (9) Abu Dawud, Ibn Maajah, and Ahmad, see: `Irwaa Al-Ghaleel 1/22.
- (10) Muslim. 1/209.
- (11) Al-Bukhari with Al-Fath 10/118.
- (12) Abu Dawud 2/306 and others. See: Sahih Al-Jaami' 4/206.
- (13) Al-Bukhari 7/125.
- (14) At-Tirmidhi 5/466 and see: Sahih At-Tirmidhi 3/142.
- (15) At-Tirmidhi 5/466 and see: Sahih At-Tirmidhi 3/142.
- (16) Muslim 1/414.