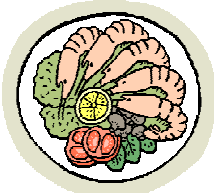


**BEFORE**



# Du'aas for Eating

بِسْمِ اللَّهِ

*Bismillaah.*

In the name of Allah<sup>1</sup>

**AFTER**

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ



*Alhamdu lillaahil-lathee at'amanee hathaa wa razaqa-neehi min ghayri hawlin minnee wa laa quwwatin.*

All praise is for Allah, who fed me this, and provided it for me without any might or power from myself.<sup>2</sup>

1 Abu Dawud 3/347 and At-Tirmidhi 4/288 and see: Sahih At-Tirmidhi 2/167.

2 Abu Dawud, At Tirmidhi and Ibn Maajah, see 'Irwaa Al-Ghaleel 7/47