

## Du'aa For Waking Up

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

*Alhamdu lillaahil-lathee ahyaanaa ba'da maa amaataanaa wa ilayhin-nushoor.*

All praise is for Allah, who gave us life after having taken it from us, and unto Him is the Resurrection.\*

\*Al-Bukhari with Al-Fath 11/113 and Muslim 4/2083.  
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## Du'aa For Going To Sleep

بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

*BismiKa Allahumma amootu wa-ahyaa.*

In Your name O Allah, I live and die.

\*Al-Bukhari with Al-Fath 11/113 and Muslim 4/2083.  
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